



8 - 23 months old

## Breakfast, Lunch, and Snack

# Infant/Toddler Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 3/01</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice,cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini soup, pineapple	Milk, bean & cheese burrito, rice w/quinoa, peas & carrots, lentil soup,	Milk, teriyaki chicken, brown rice, corn, squash soup, pears	Milk, rice with sausage, broccoli soup, apples	Milk, chicken nuggets, rice, vegetable soup, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/8</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice,cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini soup, pineapple	Milk, bean & cheese burrito, rice w/quinoa, peas & carrots, lentil soup, apples	Milk, teriyaki chicken, brown rice, corn, squash soup, pears	Milk, rice with sausage, broccoli soup, apples	Milk, chicken nuggets, rice, vegetable soup, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/15</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice,cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini soup, pineapple	Milk, bean & cheese burrito, rice w/quinoa, peas & carrots, lentil soup, apples	Milk, teriyaki chicken, brown rice, corn, squash soup, pears	Milk, rice with sausage, broccoli soup, apples	Milk, chicken nuggets, rice, vegetable soup, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/22, 3/28</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice,cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini soup, pineapple	Milk, bean & cheese burrito, rice w/quinoa, peas & carrots, lentil soup, apples	Milk, teriyaki chicken, brown rice, corn, squash soup, pears	Milk, rice with sausage, broccoli soup, apples	Milk, chicken nuggets, rice, vegetable soup, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers

**NOTE: Menu subject to changes or substitutes as needed. We may need substitute items with others of similar nutritional values.**



2 - 4 year old

## Breakfast, Lunch, and Snack

# Regular Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 3/01</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini & pineapple	Milk, bean & cheese burrito, rice w/ quinoa, carrots & peas, apples	Milk, teriyaki chicken, brown rice, corn, pears	Milk, macaroni & cheese with sausage, broccoli, apples	Milk, chicken, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/8</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini & pineapple	Milk, bean & cheese burrito, rice w/ quinoa, carrots & peas, apples	Milk, teriyaki chicken, brown rice, corn, pears	Milk, macaroni & cheese with sausage, broccoli, apples	Milk, chicken, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/15</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini & pineapple	Milk, bean & cheese burrito, rice w/ quinoa, carrots & peas, apples	Milk, teriyaki chicken, brown rice, corn, pears	Milk, macaroni & cheese with sausage, broccoli, apples	Milk, chicken, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/22, 3/28</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, crackers, applesauce	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/meat sauce, zucchini & pineapple	Milk, bean & cheese burrito, rice w/ quinoa, carrots & peas, apples	Milk, teriyaki chicken, brown rice, corn, pears	Milk, macaroni & cheese with sausage, broccoli, apples	Milk, chicken, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, banana, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers

**NOTE: Menu subject to changes or substitutes as needed. We may need substitute items with others of similar nutritional values.**



2 - 4 year old

**Breakfast, Lunch, and Snack**

**Vegetarian Menu**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 3/01</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, applesauce, crackers	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/tomatoe sauce, zucchini, pineapple	Milk, bean & cheese, rice with quinoa, peas & carrots, apple	Milk, garden burger, brown rice, corn, pears	Milk, macaroni & cheese, broccoli, apple	Milk, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, bananas, club crackers	Water, watermelon, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/8</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, applesauce, crackers	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/tomatoe sauce, zucchini, pineapple	Milk, bean & cheese, rice with quinoa, peas & carrots, apple	Milk, garden burger, brown rice, corn, pears	Milk, macaroni & cheese, broccoli, apple	Milk, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, bananas, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/15</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, applesauce, crackers	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/tomatoe sauce, zucchini, pineapple	Milk, bean & cheese, rice with quinoa, peas & carrots, apple	Milk, garden burger, brown rice, corn, pears	Milk, macaroni & cheese, broccoli, apple	Milk, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, bananas, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers
<b>Week of 3/22, 3/28</b>					
<b>Breakfast</b>	Milk, waffles, oranges	Milk, oatmeal, pineapple	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
<b>AM Snack</b>	Juice, wheat bread w/butter & jelly, pears	Juice, mixed fruit, fish crackers	Juice, cheese, crackers, oranges	Juice, applesauce, crackers	Juice, cheese slices, ritz crackers, oranges
<b>Lunch</b>	Milk, spaghetti w/tomatoe sauce, zucchini, pineapple	Milk, bean & cheese, rice with quinoa, peas & carrots, apple	Milk, garden burger, brown rice, corn, pears	Milk, macaroni & cheese, broccoli, apple	Milk, pinto beans, rice, vegetables, mandarin
<b>PM Snack</b>	Water, peaches, saltines	Water, graham crackers, cantaloupe	Water, bananas, club crackers	Water, tangerine, graham crackers	Water, fruit salad, animal crackers

NOTE: Menu subject to changes or substitutes as needed. We may need substitute items with others of similar nutritional values.